

# ART THERAPY MINOR

## Contact

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## Minor Description

The School of Psychology and Brain Sciences and the School of Arts and Humanities jointly offer a Minor in Art Therapy.

Art therapy is a growing field due to the increasing awareness of the importance of mental health and the demand for diverse therapeutic modalities. Combining principles of psychology, art, and creative processes, art therapy promotes healing and overall well-being for individuals facing mental and physical challenges.

The minor provides a basic foundation for continued study or for work in community art programs and organizations where art is used as part of the therapeutic process.

The permission of the Director or their designee in either the School of Psychology and Brain Sciences or the School of Arts and Humanities is required.

## Transfer Credit

See Undergraduate Admissions (<https://catalog.une.edu/undergraduate/admissions/>) for more information.

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## Financial Information

Tuition and fees for subsequent years may vary. Other expenses include books and housing. For more tuition and fee information, please consult this catalog's Financial Information (<https://catalog.une.edu/undergraduate/financial-information-undergraduate-programs/>) section.

## Curricular Requirements

A student with GPA of at least 2.25 and a major at UNE may minor in Art Therapy with the approval of the Director of the School of Art and Humanities or the School of Psychology and Brain Sciences. Declarations must occur prior to the completion of the first semester of the junior year. To ensure that each credential represents a substantive and independent program of study, overlap between majors and minors, including core requirements, should be kept to a minimum (i.e., no more than 50% overlap).

The minor in Art Therapy requires a total of 21 credits (twelve from Psychology and nine from the Arts) with a minimum grade of C- in each course.

Code	Title	Hours
<b>Program Required Courses</b>		
PSY 105	Introduction to Psychology	3
PSY 205	Abnormal Psychology	3
PSY 410	Theory/Res/Pract Couns Psych	3
PSY 430	Intro to Art Therapy	3
Select three of the following:		
ART 101	Watercolor	
ART 102	Photography	
ART 104	Painting I	
ART 105	Elements of Acting	
ART 106	Two-Dimensional Design	
ART 110	Ceramics I	
ART 113	Three Dimensional Fundamentals	
ART 114	Printmaking	
ART 118	Drawing & Design Fundamentals	
ART 124	The Painted Book	
ART 199	Topics in Art (any media)	
ART 214	Color Digital Photography	
ART 234	Digital Animation	
ART 324	The Painted Book 3D	
MUS 150	African Drumming Ensemble	
<b>Total Hours</b>		<b>21</b>

Please note: While some courses can fulfill both core and program requirements, the credits earned do not count twice towards the minimum total required credits for the degree.

In the event that the above courses have been taken to fulfill requirements for the Art Education Major or an Art Minor, students will be required to take nine credits from the following options:

Code	Title	Hours
<b>Alternate Courses</b>		
ART 102	Photography	3
ART 114	Printmaking	3
ART 199	Topics in Art	3
ART 214	Color Digital Photography	3
ART 230	Graphic Design	3