

COACHING MINOR

Contact

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Minor Description

The athletic coaching minor is open to any undergraduate student at the University of New England. The minor is offered through the Westbrook College of Health Professions and is directly administered through the Department of Exercise and Sports Performance.

The minor is interdisciplinary in nature and draws from courses from the Department of Sport Management and School of Education.

The minor provides a comprehensive and meaningful academic program for students wishing to pursue coaching at the youth and college level.

The minor provides expert knowledge following the eight domains from the National Standards for Sports Coaches: Philosophy and Ethics, Safety and Injury Prevention, Physical Conditioning, Growth and Development, Teaching and Communication, Sport Skills and Tactics, Organization and Administration, and Evaluation.

Transfer Credit

See Undergraduate Admissions (<https://catalog.une.edu/undergraduate/admissions/>) for more information.

Admissions

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Financial Information

Tuition and fees for subsequent years may vary. Other expenses include books and housing. For more tuition and fee information, please consult this catalog's Financial Information (<https://catalog.une.edu/undergraduate/financial-information-undergraduate-programs/>) section.

Curricular Requirements

Code	Title	Hours
Program Required Courses		
EXS 312	Foundations of Coaching	3
EXS 320	Exercise Physiology ¹	3
or EXS 205	Sport Youth Physiology	
EXS 360	Coaching Internship ²	3
SLM 340	Athletic & Sports Admin ³	3
or EXS 315	Training the Endurance Athlete	
Select two of the following:		6
ATC 101	Prev & Care of Ath Inj.	
ATC 306/ PSY 345	Psychology of Sport & Exercise	
EDU 202	Curriculum, Instruction, and Assessment	

EXS 180	Motor Learning & Performance
EXS 310	Kinesiology & Biomechanics
EXS 315	Training the Endurance Athlete
EXS 322	Metabolism/Bioenerg/Sp Nut
EXS 340	Concepts of Strength&Condition
SLM 250	Sport & Rec. Finance
SLM 330	Sport Governance
SLM 360	Leadership
SPE 220	Introduction to Special Education

Total Hours **18**

¹ Prerequisite – four credit Laboratory Science course

² Prerequisite EXS 312 Foundations of Coaching and students are required to pass a coaching certification and complete CPR and First Aid prior to taking the Coaching Practicum

³ A course substitution is allowed per permission of the Coordinator of the Coaching Minor

Students are required to earn a minimum grade of a "C" in all courses with an ATC or EXS prefix. Students are only able to retake a course one time.