

NUTRITION MINOR

Contact

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Mission

The minor in Nutrition reflects the University's commitment as a health sciences institution dedicated to innovation for a healthier planet. The Nutrition Program empowers students to become caring, competent, and collaborative scholars who apply nutrition science to advance health promotion, disease prevention, and quality of life for individuals and diverse populations in a wide variety of settings.

Program Description

The Minor in Nutrition aims to provide expert knowledge about human nutrition and related physiologic principles. The minor ensures students graduate with current information about nutrition topics and issues such as the impact of diet on optimal health, the relationship of diet and chronic disease, and barriers to healthy eating.

Transfer Credit

See Undergraduate Admissions (<https://catalog.une.edu/undergraduate/admissions/>) for more information.

Admissions

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Financial Information

Tuition and fees for subsequent years may vary. Other expenses include books and housing. For more tuition and fee information, please consult this catalog's Financial Information (<https://catalog.une.edu/undergraduate/financial-information-undergraduate-programs/>) section.

Curricular Requirements

Code	Title	Hours
Program Required Courses		
NUTR 200	Food Science Concepts and Food Safety	3
NUTR 220	Nutrition	3
Select four of the following:		12
BIO 318	Nutrition through the Life Cycle	
BIO 480	Topics in Physiology	
ELE 199	(The Mediterranean Diet: From Fiction to Facts (NUTR 310E at Pablo de Olavide University in Seville Spain))	
EXS 322	Metabolism/Bioenerg/Sp Nut	
NUTR 238	Fundamentals of Healthy Cooking	
NUTR 342	Food Systems and Public Health	
NUTR 350	Nutritional Biochemistry	

NUTR 400	Medical Nutrition Therapy	
NUTR 410	Nutrition Across Seven Continents	
NUTR 430	Innovations & Special Topics in Nutrition	
OS 424	Health Edu: Theory to Practice	
SOC 275	Sociology of Food and Health	
Total Hours		18

Please note: While some courses can fulfill both core and program requirements, the credits earned do not count twice towards the minimum total required credits for the degree.